



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) (1) 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 (3) 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 (3) 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral (Agree) Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXXX
- Slide presentations Gaining increased knowledge XXXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

*Helpful ideas
(Individual cases not really relevant, better to do these offline.)*

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- (Flyer in Mail) Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues BEFORE this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues AFTER this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXXX
- Slide presentations Gaining increased knowledge XXXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXXX
- Slide presentations Gaining increased knowledge XXXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

great - outstanding great information

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

- I attended as a:
- Person with cancer/Cancer survivor
 - Spouse/Partner
 - Family member
 - Health care professional
 - Friend
 - Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise
- Connecting with others concerned XXXXXX
- Slide presentations
- Gaining increased knowledge XXXXXX
- Question and answer session
- Other: _____

6. General comments about the workshop:

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter
- Flyer/Poster at CSC
- Staff/Instructors
- Friend/Family
- Weekly Friday Email
- Doctor
- Lunch & Learn Email
- Nurse/Nurse Navigator/Social Worker
- Flyer in Mail
- Info Received at Health Fair
- Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues BEFORE this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues AFTER this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise
- Connecting with others concerned XXXXXX
- Gaining increased knowledge XXXXXX
- Question and answer session
- Other: _____

6. General comments about the workshop:

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter
- Friend/Family
- Lunch & Learn Email
- Flyer in Mail
- Flyer/Poster at CSC
- Weekly Friday Email
- Nurse/Nurse Navigator/Social Worker
- Info Received at Health Fair
- Staff/Instructors
- Doctor
- Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other *caregiver*

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXX
- Slide presentations Gaining increased knowledge XXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend *this* workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise
- Slide presentations
- Question and answer session
- Connecting with others concerned XXXXXX
- Gaining increased knowledge XXXXXX
- Other: _____

6. General comments about the workshop:

lively - engaging

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter
- Friend/Family
- Lunch & Learn Email
- Flyer in Mail
- Flyer/Poster at CSC
- Weekly Friday Email
- Nurse/Nurse Navigator/Social Worker
- Info Received at Health Fair
- Staff/Instructors
- Doctor
- Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues BEFORE this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues AFTER this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXX
- Slide presentations Gaining increased knowledge XXXXX
- Question and answer session Other: _____

6. General comments about the workshop: *How our bodies react to stressors, helps understand how we react to the amount of control we have over our lives. Are we in charge? empowered?*

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter
- Friend/Family
- Lunch & Learn Email
- Flyer in Mail
- Flyer/Poster at CSC
- Weekly Friday Email
- Nurse/Nurse Navigator/Social Worker
- Info Received at Health Fair
- Staff/Instructors
- Doctor
- Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree *well presented*

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXX
- Slide presentations Gaining increased knowledge XXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

This information & the book will help me resolve my own health issues & further supports my Beiki practice to help myself & help heal some of my clues.

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?

Qi gong by master Lee in June 2017



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other for myself

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXXX
- Slide presentations Gaining increased knowledge XXXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

Valuable

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: Debra

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 (5) (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 (5) (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 (5) (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXXX
- Slide presentations Gaining increased knowledge XXXXXX
- Question and answer session Other: Keep with self or family matters

6. General comments about the workshop:

wish had more time

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: Q2

9. Are there other workshops you would be interested in attending?

cont. with workshop another time



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

- I attended as a:
- Person with cancer/Cancer survivor
 - Health care professional
 - Spouse/Partner
 - Friend
 - Family member
 - Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check **all** that apply)

- Speaker expertise
- Slide presentations
- Question and answer session
- Connecting with others concerned **XXXXX**
- Gaining increased knowledge **XXXXX**
- Other: _____

6. General comments about the workshop:

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter
- Friend/Family
- Lunch & Learn Email
- Flyer in Mail
- Flyer/Poster at CSC
- Weekly Friday Email
- Nurse/Nurse Navigator/Social Worker
- Info Received at Health Fair
- Staff/Instructors
- Doctor
- Other: _____

9. Are there other workshops you would be interested in attending?

Yes mind/body healing type workshops. I have never been with a doctor who addresses the aspect of healing.



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 ~~5~~ (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXXX
- Slide presentations Gaining increased knowledge XXXXXX
- Question and answer session Other: _____

6. General comments about the workshop: *Very informative! Thank you so much for the opportunity to attend this workshop.*

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) (1) 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 (3) 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 (5) (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXXX
- Slide presentations Gaining increased knowledge XXXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

Excellent New Ideas Intriguing - Wants to know even more about how to analyze what the symptoms mean & add up to.

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) (1) 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 (5) (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 (5) (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned Gaining increased knowledge Other: _____
- Slide presentations
- Question and answer session

6. General comments about the workshop:
Very good - thanks!

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- (Newsletter) Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

- I attended as a:
- Person with cancer/Cancer survivor
 - Spouse/Partner
 - Family member
 - Health care professional
 - Friend
 - Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise
- Slide presentations
- Question and answer session
- Connecting with others concerned XXXXXX
- Gaining increased knowledge XXXXXX
- Other: _____

6. General comments about the workshop:

wow, what an outstanding talk! Thanks.
What a great speaker and resource!

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter
- Friend/Family
- Lunch & Learn Email
- Flyer in Mail
- Flyer/Poster at CSC
- Weekly Friday Email
- Nurse/Nurse Navigator/Social Worker
- Info Received at Health Fair
- Staff/Instructors
- Doctor
- Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

- I attended as a:
- Person with cancer/Cancer survivor
 - Spouse/Partner
 - Family member
 - Health care professional
 - Friend
 - Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise
- Connecting with others concerned XXXXXX
- Slide presentations
- Gaining increased knowledge XXXXXX
- Question and answer session
- Other: _____

6. General comments about the workshop:
Very good, practical applications - experiential
Great Q & A

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter
- Friend/Family
- Lunch & Learn Email
- Flyer in Mail
- Flyer/Poster at CSC
- Weekly Friday Email
- Nurse/Nurse Navigator/Social Worker
- Info Received at Health Fair
- Staff/Instructors
- Doctor
- Other: _____

9. Are there other workshops you would be interested in attending?

yes



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXXX
- Slide presentations Gaining increased knowledge XXXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: Qi Gong class

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other *Support unit & Care giver*

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise
- Slide presentations
- Question and answer session
- Connecting with others concerned XXXXX
- Gaining increased knowledge XXXXX
- Other: _____

6. General comments about the workshop:

What a great workshop. Well worth my time. So look forward to receiving Tara's book. Excited to reading the book and sharing with my daughter.

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter
- Friend/Family
- Lunch & Learn Email
- Flyer in Mail
- Flyer/Poster at CSC
- Weekly Friday Email
- Nurse/Nurse Navigator/Social Worker
- Info Received at Health Fair
- Staff/Instructors
- Doctor
- Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues BEFORE this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues AFTER this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXX
- Slide presentations Gaining increased knowledge XXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned ~~XXXXXX~~
- Slide presentations Gaining increased knowledge ~~XXXXXX~~
- Question and answer session Other: _____

6. General comments about the workshop:

Very knowledgeable and interesting.

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise
- Slide presentations
- Question and answer session
- Connecting with others concerned XXXXX
- Gaining increased knowledge XXXXX
- Other: EXCEPTIONAL PRESENTATION

6. General comments about the workshop:

VERY KNOWLEDGEABLE
+ INTERESTING PRESENTATION

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter
- Friend/Family
- Lunch & Learn Email
- Flyer in Mail
- Flyer/Poster at CSC
- Weekly Friday Email
- Nurse/Nurse Navigator/Social Worker
- Info Received at Health Fair
- Staff/Instructors
- Doctor
- Other: Chigony Deb

9. Are there other workshops you would be interested in attending?

Anything with positive
MENTAL IMAGERY & SOLUTIONS



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXX
- Slide presentations Gaining increased knowledge XXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

Great workshop, excellent presenter

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter
- Friend/Family
- Lunch & Learn Email
- Flyer in Mail
- Flyer/Poster at CSC
- Weekly Friday Email
- Nurse/Nurse Navigator/Social Worker
- Info Received at Health Fair
- Staff/Instructors
- Doctor
- Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

- I attended as a:**
- Person with cancer/Cancer survivor
 - Spouse/Partner
 - Family member
 - Health care professional
 - Friend
 - Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise
- Slide presentations
- Question and answer session
- Connecting with others concerned XXXXXX
- Gaining increased knowledge XXXXXX
- Other: _____

6. General comments about the workshop:

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend *this* workshop (please circle)?

- Newsletter
- Friend/Family
- Lunch & Learn Email
- Flyer in Mail
- Flyer/Poster at CSC
- Weekly Friday Email
- Nurse/Nurse Navigator/Social Worker
- Info Received at Health Fair
- Staff/Instructors
- Doctor
- Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXX
- Slide presentations Gaining increased knowledge XXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

INTERESTING - FOOD FOR THOUGHT

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned ~~XXXXXX~~
- Slide presentations Gaining increased knowledge ~~XXXXXX~~
- Question and answer session Other: _____

6. General comments about the workshop:

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter
- Friend/Family
- Lunch & Learn Email
- Flyer in Mail
- Flyer/Poster at CSC
- Weekly Friday Email
- Nurse/Nurse Navigator/Social Worker
- Info Received at Health Fair
- Staff/Instructors
- Doctor
- Other: _____

9. Are there other workshops you would be interested in attending?

Probably



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other Teacher

1. How would you rate your knowledge of Deciphering Your Body's Clues BEFORE this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues AFTER this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 ——— 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise
- Slide presentations
- Question and answer session
- Connecting with others concerned XXXXX
- Gaining increased knowledge XXXXX
- Other: enthusiasm of speaker + intuition & personal connection with audience

6. General comments about the workshop:
Really, really good; understandable, helpful,

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend *this* workshop (please circle)?

- | | | |
|---|-------------------------------------|---|
| Newsletter <input checked="" type="checkbox"/> | Flyer/Poster at CSC | Staff/Instructors <input checked="" type="checkbox"/> |
| Friend/Family <input checked="" type="checkbox"/> | Weekly Friday Email | Doctor |
| Lunch & Learn Email | Nurse/Nurse Navigator/Social Worker | |
| Flyer in Mail | Info Received at Health Fair | Other: _____ |

9. Are there other workshops you would be interested in attending?
yes, not sure which ones right now or.



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

- I attended as a:
- Person with cancer/Cancer survivor
 - Spouse/Partner
 - Family member
 - Health care professional
 - Friend
 - Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise
- Slide presentations
- Question and answer session
- Connecting with others concerned XXXXXX
- Gaining increased knowledge XXXXXX
- Other: _____

6. General comments about the workshop:

Looking forward to receiving the book.

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Friend/Family
- Newsletter
- Lunch & Learn Email
- Flyer in Mail
- Flyer/Poster at CSC
- Weekly Friday Email
- Nurse/Nurse Navigator/Social Worker
- Info Received at Health Fair
- Staff/Instructors
- Doctor
- Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXX
- Slide presentations Gaining increased knowledge XXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

Thank you! Very worthwhile program!

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter
- Friend/Family
- Lunch & Learn Email
- Flyer in Mail
- Flyer/Poster at CSC
- Weekly Friday Email
- Nurse/Nurse Navigator/Social Worker
- Info Received at Health Fair
- Staff/Instructors
- Doctor
- Other: _____

9. Are there other workshops you would be interested in attending?

more with e-motional healing



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXXX
- Slide presentations Gaining increased knowledge XXXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

great workshop. Wonderful information

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend *this* workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise
- Slide presentations
- Question and answer session
- Connecting with others concerned XXXXXX
- Gaining increased knowledge XXXXXX
- Other: _____

6. General comments about the workshop:

very interesting concept - worth exploring

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter
- Friend/Family
- Lunch & Learn Email
- Flyer in Mail
- Flyer/Poster at CSC
- Weekly Friday Email
- Nurse/Nurse Navigator/Social Worker
- Info Received at Health Fair
- Staff/Instructors
- Doctor
- Other: email from Deborah

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

- I attended as a:**
- Person with cancer/Cancer survivor
 - Spouse/Partner
 - Family member
 - Health care professional
 - Friend
 - Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise
- Slide presentations
- Question and answer session
- Connecting with others concerned ~~XXXXXX~~
- Gaining increased knowledge ~~XXXXXX~~
- Other: _____

6. General comments about the workshop:

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter
- Friend/Family
- Lunch & Learn Email
- Flyer in Mail
- Flyer/Poster at CSC
- Weekly Friday Email
- Nurse/Nurse Navigator/Social Worker
- Info Received at Health Fair
- Staff/Instructors
- Doctor
- Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXXX
- Slide presentations Gaining increased knowledge XXXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

- very interesting
- informative
- receptive to participants concerns + situations

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned Gaining increased knowledge Slide presentations Question and answer session Other: insights

6. General comments about the workshop: Engaging presenter / Topic I have great interest in

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors Doctor
- Friend/Family Weekly Friday Email Nurse/Nurse Navigator/Social Worker
- Lunch & Learn Email Info Received at Health Fair Other: _____
- Flyer in Mail

9. Are there other workshops you would be interested in attending?

Nutritional advice



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned **XXXXXX**
- Slide presentations Gaining increased knowledge **XXXXXX**
- Question and answer session Other: discussing case studies

6. General comments about the workshop:

It's so obvious how excited Jane is about her subject matter! She's a true detective about with body language and has developed great expertise in deciphering the messages our body gives us.

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter** Flyer/Poster at CSC **Staff/Instructors**
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?

diet and cancer } research based info
exercise and cancer }



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned **XXXXXX**
- Slide presentations Gaining increased knowledge **XXXXXX**
- Question and answer session Other: _____

6. General comments about the workshop:

Speaker is wonderfully knowledgeable and very much enjoyable. She had absolute expertise.

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter** Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?

Healthy living products; alternate body methods



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

not enough info from until I read book

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned **XXXXX**
- Slide presentations Gaining increased knowledge **XXXXX**
- Question and answer session Other: _____

6. General comments about the workshop:

Unknown how long it is (put end time on workshop)

Have speaker ask for ques. rather than specific cases, results?

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

during workshop - too much time on specific cases

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise
- Slide presentations
- Question and answer session
- Connecting with others concerned ~~XXXXXX~~
- Gaining increased knowledge ~~XXXXXX~~
- Other: _____

6. General comments about the workshop:

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter
- Friend/Family
- Lunch & Learn Email
- Flyer in Mail
- Flyer/Poster at CSC
- Weekly Friday Email
- Nurse/Nurse Navigator/Social Worker
- Info Received at Health Fair
- Staff/Instructors
- Doctor
- Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXXX
- Slide presentations Gaining increased knowledge XXXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

This concept is very important and adds to my knowledge

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?

? Probably



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 ② 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 ④ 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 ⑤ (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral ⑤ Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXXX
- Slide presentations Gaining increased knowledge XXXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

I appreciated the energy level of the speaker, as well as examples that reinforced the concepts presented. The concept of this workshop is very interesting.

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- ① Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- ① Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXX
- Slide presentations Gaining increased knowledge XXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

great info, would like more!

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday-Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey! Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXXX
- Slide presentations Gaining increased knowledge XXXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?

already signed up



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise
- Slide presentations
- Question and answer session
- Connecting with others concerned XXXXXX
- Gaining increased knowledge XXXXXX
- Other: _____

6. General comments about the workshop:

*well done - a microplon night
have helped*

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter
- Friend/Family
- Lunch & Learn Email
- Flyer in Mail
- Flyer/Poster at CSC
- Weekly Friday Email
- Nurse/Nurse Navigator/Social Worker
- Info Received at Health Fair
- Staff/Instructors
- Doctor
- Other: _____

9. Are there other workshops you would be interested in attending?

TACA



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXXX
- Slide presentations Gaining increased knowledge XXXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend *this* workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues BEFORE this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues AFTER this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXXX
 Slide presentations Gaining increased knowledge XXXXXX
 Question and answer session Other: _____

6. General comments about the workshop:

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

Newsletter Flyer/Poster at CSC Staff/Instructors
Friend/Family Weekly Friday Email Doctor
Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise
- Slide presentations
- Question and answer session
- Connecting with others concerned XXXXXX
- Gaining increased knowledge XXXXXX
- Other: _____

6. General comments about the workshop:

MOST INTERESTING AND VERY BENEFICIAL

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter
- Friend/Family
- Lunch & Learn Email
- Flyer in Mail
- Flyer/Poster at CSC
- Weekly Friday Email
- Nurse/Nurse Navigator/Social Worker
- Info Received at Health Fair
- Staff/Instructors
- Doctor
- Other: _____

9. Are there other workshops you would be interested in attending?

email: margaret.adams1015@sbcglobal.net



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned ~~XXXXX~~
- Slide presentations Gaining increased knowledge ~~XXXXX~~
- Question and answer session Other: _____

6. General comments about the workshop:

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues BEFORE this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues AFTER this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXXX
- Slide presentations Gaining increased knowledge XXXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXX
- Slide presentations Gaining increased knowledge XXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

*Very interesting & given
lots of awareness & some power to change*

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?

other modalities of healing / coping



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues BEFORE this workshop?

(none/ very little) (1) 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues AFTER this workshop?

(none/ very little) 1 2 (3) 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 (4) 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree (Strongly Agree)

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXX
- Slide presentations Gaining increased knowledge XXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

Very eye-opening & informative. I'm excited to receive the book & learn even more.

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- (Newsletter) Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXXX
- Slide presentations Gaining increased knowledge XXXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise Connecting with others concerned XXXXXX
- Slide presentations Gaining increased knowledge XXXXXX
- Question and answer session Other: _____

6. General comments about the workshop:

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter Flyer/Poster at CSC Staff/Instructors
- Friend/Family Weekly Friday Email Doctor
- Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
- Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) (1) 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 (3) 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 (3) 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral (Agree) Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise
- Slide presentations
- Question and answer session
- Connecting with others concerned XXXXXX
- Gaining increased knowledge XXXXXX
- Other: _____

6. General comments about the workshop:

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter
- Friend/Family
- Lunch & Learn Email
- Flyer in Mail
- Flyer/Poster at CSC
- Weekly Friday Email
- Nurse/Nurse Navigator/Social Worker
- Info Received at Health Fair
- Staff/Instructors
- Doctor
- Other: _____

9. Are there other workshops you would be interested in attending?

yes!



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

- I attended as a:**
- Person with cancer/Cancer survivor
 - Spouse/Partner
 - Family member of 2 deceased siblings
 - Health care professional
 - Friend
 - Other

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?

(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.

(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.

Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)

- Speaker expertise
- Slide presentations
- Connecting with others concerned XXXXXX
- Gaining increased knowledge XXXXXX
- Question and answer session
- Other: _____

6. General comments about the workshop:

I enjoyed this very much & believe there is such a strong connect mind body emotion connection.

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?

- Newsletter
- Friend/Family
- Lunch & Learn Email
- Flyer in Mail
- Flyer/Poster at CSC
- Weekly Friday Email
- Nurse/Nurse Navigator/Social Worker
- Info Received at Health Fair
- Staff/Instructors
- Doctor
- Other: _____

9. Are there other workshops you would be interested in attending?



Body Language: Deciphering Your Body's Clues so You Can Heal 2017 Workshop Evaluation

Thank you for taking time to complete this survey. Your answers will help us understand how we can better meet needs regarding Body Language

I attended as a: Person with cancer/Cancer survivor Spouse/Partner Family member
 Health care professional Friend Other _____

1. How would you rate your knowledge of Deciphering Your Body's Clues **BEFORE** this workshop?
(none/ very little) 1 2 3 4 5 (a great deal)

2. How would you rate your knowledge of Deciphering Your Body's Clues **AFTER** this workshop?
(none/ very little) 1 2 3 4 5 (a great deal)

3. As a result of attending this workshop, I have a better understanding of Deciphering Your Body's Clues and how to incorporate this into my life.
(none/ very little) 1 2 3 4 5 (a great deal)

4. I would recommend this workshop to others and their loved ones.
Strongly Disagree Disagree Neutral Agree Strongly Agree

5. Which aspects of the workshop did you find especially valuable? (Please check all that apply)
 Speaker expertise Connecting with others concerned XXXXXX
 Slide presentations Gaining increased knowledge XXXXXX
 Question and answer session Other: _____

6. General comments about the workshop:
amazing how to determine what can be wrong with our body

7. Is this the first workshop that you have attended at this facility? Yes No

8. What prompted you to attend this workshop (please circle)?
Newsletter - might be different Flyer/Poster at CSC Staff/Instructors
 Friend/Family Weekly Friday Email Doctor
 Lunch & Learn Email Nurse/Nurse Navigator/Social Worker
Flyer in Mail Info Received at Health Fair Other: _____

9. Are there other workshops you would be interested in attending?
any that you have