



## Overview of the Body Language Translation Process:

**Step One:** Which side of the body is affected?

**Step Two:** How long has the issue been affecting the person? If it's a disease that is staged, what stage is it at?

**Step Three:** Identify/describe the pain or illness. What does it feel like? What does it look like? Is it a lump or bump? A rash? What words would you use to describe it?

**Step Four:** When the part of the body is functioning normally, what is its purpose and function? Then, what is physically going wrong? For example, in a muscle spasm, the muscle is contracting violently.

**Step Five:** What area(s) of the body are affected? What Flow Station would that correspond with?

**Step Six:** If you happen to have the person's Flow Factor Test, refer to the results. This can help you hone in on the specific issue.

**Step Seven:** Look at all the information and begin to put it together, using your intuition and thinking metaphorically.

Please note: This process is about 30% intuition and 70% logic/using the Flow Method process.