



Body Language Translation Process Worksheet: Putting it Together

Step One: Which side of the body is affected? What does that mean?

Step Two: How long has the issue been affecting you/the person? If it's a disease that is staged, what stage is it at, and what might that mean?

Step Five: What area(s) of the body are affected? What Flow Station would that correspond with?

Step Six: If you happen to have your/the person's Flow Factor Test, refer to the results. This can help you hone in on the specific issue. If you have the results, put down the top three highest Stations, in order, here:

Highest Station: _____
Next Highest Station: _____
Third Highest Station: _____

Step Seven: Look at all the information and begin to put it together, using your intuition and thinking metaphorically.

